**Programming Project 2 – NUTRITION from Chapter 4 page 175**

Using Visual Basic programming language and concepts from Chapters 1-4, create an application in Visual Studio named **Nutrition** that meet the following requirements:

**Instructions**

The American Heart Association suggests that at most 30% of the calories in our diet come from fat. Although food labels give the number of calories and amount of fat per serving, they often do not give the percentage of calories from fat. This percentage can be calculated by multiplying the number of grams of fat in one serving by 9 and dividing that number by the total number of calories per serving.

Write an application that requests the name, number of calories per serving, and the grams of fat per serving as input, and tells whether the food meets the American Heart Association recommendation.

**Sample Output:**

